

CURRICULUM VITA

Jennifer L. Bishop

The Northshore Group

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EDUCATION

- Ph.D. 2019 Clinical Psychology, University of Tennessee, Knoxville (APA-accredited program)
Dissertation: *Emerging Adult Development in the College Context: A Longitudinal Study of Role Balance and Academic Success in the Transition to College*
Research Advisor: Deborah P. Welsh, Ph.D.
Committee Members: Jenny Macfie, Ph.D., Todd M. Moore, Ph.D., Sally McMillan, Ph.D.
- M.A. 2015 Psychology, University of Tennessee, Knoxville (APA-accredited program)
Master's Thesis: *Individual and Relational Role Balance: A Preliminary Scale Validation Study*
Research Advisor: Deborah P. Welsh, Ph.D.
Committee Members: Jenny Macfie, Ph.D., John Lounsbury, Ph.D.
- 2007 Education Policy, Florida State University
- M.A.T. 2005 Social Science Education, University of South Florida
- B.S. 2004 Public Relations, University of Florida
- B.A. 2004 Political Science, University of Florida
Minor: History

CLINICAL EXPERIENCE

- 2019-2020 **Clinical Psychologist** in Independent Practice (Provisionally Licensed at the post-doctoral level), The Northshore Group
Supervisor: Michael Hawthorne, Ph.D.
- 2018-2019 **Predoctoral Clinical Intern**, Cherokee Health Systems (multiple clinics; APA-accredited program)
Training Director: Parinda Khatri, Ph.D.
Supervisors: Suzanne Bailey, Psy.D., Brittany McCafferty, Ph.D., Eboni Winford, Ph.D., Bill Richards, Ph.D., Kristy Lewis, Ph.D.
Duties: conduct brief behavioral health consultations and interventions with children, adolescents, and adults in Primary Care, Addiction Medicine, and specialty medical settings; conduct intake interviews and individual short-term and long-term

psychotherapy with adolescents and adults experiencing mild to severe symptoms of psychopathology, with special emphasis on the treatment of trauma; participate in treatment planning/care coordination with team of physicians, nurses, therapists, and case managers; co-lead group psychotherapy (DBT, CPT); provide behavioral health interventions for special populations including those impacted by homelessness and refugee status; provide group supervision to practicum students in training; shadow crisis providers; participate in didactic seminar training

2017-present **Clinical Psychology Trainee/Behavioral Health Consultant, Cherokee Health Systems, Women's Health Clinic**
Specialty women's health clinic offering obstetrics, gynecology, and integrated behavioral health services in East Tennessee
Supervisor: Brittany A. McCafferty, Ph.D.
Duties: conduct brief behavioral health consultations and interventions in a medical setting; collaborate with an interdisciplinary team of physicians, nurses, and case managers to meet clients' medical and behavioral health needs; provide anticipatory guidance, wellness promotion, and psychoeducation on a variety of topics relevant to women's health; engage in treatment planning to maximize benefits of care integration

2016-2017 **Clinical Psychology Trainee/Therapist, Cherokee Health Systems, North Knoxville Clinic**
Outpatient community mental health clinic offering individual, couples, family, and group psychotherapy in East Tennessee
Supervisors: Bill Richards, Ph.D., Eboni Winford, Ph.D.
Duties: conduct intake interviews and individual short-term and long-term psychotherapy with children, adolescents, and adults experiencing mild to severe symptoms of psychopathology; participate in treatment planning/care coordination with team of physicians, nurses, therapists, and case managers; present cases in group supervision format and assist other practicum students with treatment planning, case conceptualization, and case management; shadow providers in diverse integrated care roles including behavioral health consulting (primary care, women's health, medically assisted therapy)

2015-present **Clinical Psychology Trainee (Psychological Evaluation and Psychotherapy), University of Tennessee Psychological Clinic**
Outpatient psychological clinic offering psychological assessment and individual, couples, family, and group psychotherapy services in East Tennessee

2017-present **Peer Supervisor**
Supervisor: Michael Hawthorne, Ph.D.
Duties: conduct weekly peer supervision with second-year clinical student

2016-2017 **Intake Therapist**
Supervisor: Leticia Flores, Ph.D.
Duties: conduct intake interviews with clients seeking psychological evaluation or psychotherapy services at the Clinic; complete intake

reports summarizing presenting problem and relevant history

2015-present **Psychotherapist**

Supervisors: Denise Stillman, Ph.D., Mark H. Waugh, Ph.D., Jack Barlow, Ph.D., Diane V. Lemieux, Ph.D., Scott Swan, Ph.D., Renee Repka, Ph.D., Kristina C. Gordon, Ph.D.

Duties: conduct individual and family short-term and long-term psychotherapy with children, adolescents, and adults experiencing mild to severe symptoms of psychopathology

2015-present **Psychological Evaluator**

Supervisors: Katherine Rowinski, Ph.D., Lance T. Laurence, Ph.D., Mark H. Waugh, Ph.D. (Advanced Assessment Practicum)

Duties: conduct psychological assessments (psychoeducational, psychodiagnostic, fitness for duty, forensic) for children, adolescents, and adults; incorporate testing and interview data into integrated psychological reports; provide testimony regarding evaluation

2015 **Cognitive Rater, Cole Neuroscience Center**

Outpatient specialty medical clinic offering neurology services at the University of Tennessee Medical Center in East Tennessee

Supervisor: Lance T. Laurence, Ph.D.

Duties: conduct cognitive assessments with clients as part of initial screening, benchmark, and follow-up for dementia and related disorders

2016-present **Specialty Clinical Training Workshops**

2016 Acceptance and Commitment Therapy (ACT)
Therapy and the Postpartum Woman

2017 Cognitive Processing Therapy (CPT)
Mindfulness-Based Stress Reduction (MBSR)
Integrated Care/Behavioral Health Consulting

2018 Certified Clinical Trauma Specialist: Trauma Competencies for the 21st Century
Child-Parent Psychotherapy (CPP)

2019 Addiction Medicine
Motivational Interviewing (MI)
Perinatal Mood Disorders: Components of Care and Advanced Psychotherapy
Behavioral Pain Management
Counseling Grief Clients: Interventions for Everyday Use

RESEARCH EXPERIENCE

2014-2019 **Graduate Researcher**, Development of Adolescents and Young Adults (DAYA) Lab
Department of Psychology, University of Tennessee, Knoxville
Research Advisor: Deborah P. Welsh, Ph.D.

Duties: serve as principal investigator on research projects that examine individual and relational well-being in emerging adulthood; coordinate research activities from study design to implementation, data analysis, and manuscript preparation; mentor undergraduate research assistants

2013-2014 **Research Assistant**, Preventing Aggression and Victimization through Empirically-Supported Strategies (PAVES) Lab

Department of Psychology, University of Tennessee, Knoxville

Research Advisor: Chris Elledge, Ph.D.

Duties: support research planning activities, data entry, and organization for an externally-funded project on child aggression and victimization

TEACHING EXPERIENCE

2015-2018 Department of Psychology, University of Tennessee, Knoxville

2018 **Instructor of Record**, General Psychology (PSYC 110)

2017 **Instructor of Record**, General Psychology (PSYC 110)

2016 **Graduate Course Manager**, Integrated Primary Care Psychology (PSYC 510)

2016 **UT CIRTl Practitioner Level Certification in Teaching and Learning**

2015 **Graduate Teaching Assistant**, Adolescent Development (PSYC 474)

2015 **Graduate Teaching Assistant**, General Psychology (PSYC 110)

2005-2006 Hillsborough County Public Schools

Secondary Social Studies Teacher, Student Government Sponsor

SERVICE EXPERIENCE

2018 **Ad Hoc Reviewer**, *Emerging Adulthood*

2018 **Ad Hoc Reviewer**, *Journal of Family Psychology*

2017 **Reviewer**, biennial conference, Society for the Study of Emerging Adulthood

2016 **Member**, Student Interest Group on Routine Outcomes Measurement, University of Tennessee

2015 **Reviewer**, biennial conference, Society for the Study of Emerging Adulthood

PROFESSIONAL EXPERIENCE

2006-2019 **Editorial Manager**, *Journal of Research on Educational Effectiveness*

Society for Research on Educational Effectiveness

Supervisor: Rob Greenwald, Ph.D.

Duties: manage the review process for incoming manuscripts, coordinate communications between authors, reviewers, editors, and the publisher; perform copyediting and formatting tasks; facilitate production and publication of quarterly journal issues

2006-2010 **Researcher/Project Staff**, Florida Center for Reading Research
Supervisor: Barbara Foorman, Ph.D.
Duties: work on various grant-funded research projects with faculty across disciplines; engage in item development, test construction, and piloting; aid in recruiting and training data collection and data entry personnel; conduct site visits; collaborate with methodologists and researchers to produce manuscripts and reports for publication

VOLUNTEER EXPERIENCE

2013-2014 **Call Line Volunteer**, East Tennessee CONTACT Care Line
Supervisor: Deborah Patterson
Duties: staff crisis call line twice monthly; place reassurance/safety calls to area seniors; participate in active listening workshops and trainings

GRANT APPLICATIONS

Bishop, J. L. (2018) "Expanding Clinical Competency in the Treatment of Perinatal Mood and Anxiety Disorders (PMADS)," The Deborah Rhatigan Award in Women's Health, *University of Tennessee, Department of Psychology* (\$1000, funded).

Bishop, J. L. & Flores, L. (2017) "Best-Practice Implementation of a Routine Outcome Monitoring (ROM) Program in Support of Graduate-Level Clinical Science Training," Varda Shoham Clinical Scientist Training Initiative Grant Program, *Society for Science of Clinical Psychology* (\$1500, unfunded).

Bishop, J. L. (2017) "Expanding Clinical Competency in the Treatment of Perinatal Mood and Anxiety Disorders (PMADS)," The Deborah Rhatigan Award in Women's Health, *University of Tennessee, Department of Psychology* (\$1000, unfunded).

Bishop, J. L. & Flores, L. (2016) "Routine Outcome Monitoring (ROM) to Support Student Training Across Clinical, Research, and Professional Development Domains: Enhancing the Tennessee Model of Graduate Education in Clinical Psychology," Varda Shoham Clinical Scientist Training Initiative Grant Program, *Society for Science of Clinical Psychology* (\$1500, unfunded).

PEER-REVIEWED PUBLICATIONS (ARTICLES)

Bishop, J. L., Norona, J. C., Roberson, P. N. E., Welsh, D. P., & McCurry, S. K. (2019). Adult attachment, role balance, and depressive symptoms in emerging adulthood. *Journal of Adult Development*, 26, 31-40.

Bishop, J. L., Roberson, P. N. E., Welsh, D. P., & Norona, J. C. (2018). Does role balance influence the effect of personality on college success? A mediation model. *Emerging Adulthood*, 6, 137-148.
doi.org/10.1177/2167696817711341

Roberson, P.N.E., Norona, J. N., **Bishop, J. L.**, & Welsh, D. (2017). The influence of relationship stability patterns in emerging adulthood on chronic illness and health behaviors. *Journal of Human-Social Science*, 17. Available online at <https://socialscienceresearch.org/index.php/GJHSS/article/view/2373>.

Bishop, J. L., Welsh, D. P., Lounsbury, J. W., & Norona, J. C. (2016). Individual and relational role balance: A scale validation study. *College Student Journal, 50*, 531-550. Available online at http://projectinnovation.biz/csj_2006.html

Ingle, W. K., Rutledge, S. A., & **Bishop, J. L.** (2011). Context matters: Principals' sensemaking of teacher hiring and on-the-job performance. *Journal of Educational Administration, 9*, 579-610.

PEER-REVIEWED PUBLICATIONS (BOOK CHAPTERS)

Waugh, M. H., **Bishop, J. L.**, and Schmidt, M. R. (2018). Application of the AMPD in Supervision, Assessment, and Treatment Planning. In C. J. Hopwood & M. H. Waugh (Eds). *The DSM-5 alternative model for personality disorders: Integrating multiple paradigms of personality assessment*. Philadelphia: Taylor & Francis.

MANUSCRIPTS UNDER REVIEW

Russell, A. N., Welsh, D. P., & **Bishop, J. L.** (under review). Personality pathology and pregnancy: Navigating therapist pregnancy when working with a patient with personality symptomology. *Clinical Case Studies*.

MANUSCRIPTS IN PREPARATION

Bishop, J. L. & Brem, M. J. (under review) Acceptance and commitment therapy (ACT) for obsessive-compulsive disorder (OCD) in emerging adulthood. *Clinical Case Studies*.

Bishop, J. L., Roberson, P. N. E., & Welsh, D. P. *Exploring role balance as a predictor of college achievement above and beyond college adjustment in the transition to college*.

Bishop, J. L., Roberson, P. N. E., & Welsh, D. P. *Exploring the bidirectional influence of role balance and depressive symptoms on college achievement in the transition to college*.

PEER-REVIEWED CONFERENCE PRESENTATIONS

Bishop, J. L., Kurdziel, G., Mulay, A. L., Hopwood, C. J., & Waugh, M. H. (2019, March). *Capturing literary character with the DSM-5 Alternative Model for Personality Disorders (AMPD)*. Poster presented at the Society for Personality Assessment Annual Meeting, New Orleans, LA.

Bishop, J. L., Roberson, P. N. E., Russell, A. N. & Welsh, D. P. (2018, April) *Exploring role balance as a predictor of college achievement above and beyond college adjustment in the transition to college*. Poster presented at the biennial meeting, Society for Research on Adolescence, Minneapolis, MN.

Schmidt, M. R., **Bishop, J. L.**, & Waugh, M. H. (2018, March). *The DSM-5 AMPD as a diagnostic heuristic: two case examples*. Poster presented at the annual convention of the Society for Personality Assessment, Washington, DC.

Bishop, J. L., Roberson, P. N. E., Norona, J. C., Welsh, D. P., Morris, A. N., & McCurry, S. (2017, November). *Role balance and the transition to college: A longitudinal study*. Poster presented at the biennial meeting, Society for the Study of Emerging Adulthood, Washington, DC.

Morris, A. N., **Bishop, J. L.**, Welsh, D. P., Roberson, P. N. E., Norona, J. C., & McCurry, S. (2017, November). *Self-compassion, role balance, and binge eating behaviors in emerging adulthood*. Poster accepted for the biennial meeting, Society for the Study of Emerging Adulthood, Washington, DC.

Bishop, J. L., Roberson, P. N. E., Welsh, D. P., & Norona, J. C. (2017, April). *Adult attachment, role balance, and depressive symptoms in emerging adulthood*. Poster presented at the biennial meeting, Society for Research in Child Development, Austin, TX.

Bishop, J. L., Roberson, P. N. E., Welsh, D. P., & Norona, J. C. (2016, April). *The mediating effect of balance on personality and college success*. Poster presented at the biennial meeting, Society for Research on Adolescence, Baltimore, MD.

Bishop, J. L., Welsh, D. P., Lounsbury, J. W., & Norona, J. C. (2015, October). *Individual and relational role balance: A scale validation study*. Poster presented at the biennial meeting, Society for the Study of Emerging Adulthood, Miami, FL.

Ingle, W. K., Rutledge, S. A., & **Bishop, J. L.** (2009, November). *Principals' sense making of teacher quality and hiring*. Paper presented at annual meeting, University Council of Educational Administrators, Anaheim, CA.

Rutledge, S. A., Ingle, W. K., & **Bishop, J. L.** (2008, March). *"You wouldn't be a teacher if you are not intelligent": How principals define "quality" teachers*. Paper presented at annual meeting, American Educational Research Association, New York, NY.

PROFESSIONAL AFFILIATIONS

2019-present **Member**, Tennessee Psychological Association (TPA)
2018-present **Member**, Society for Personality Assessment (SPA)
2017-present **Member**, Knoxville Area Psychological Association (KAPA), President-0-Elect
2017-present **Member**, Society for the Teaching of Psychology (STP)
2015-present **Member**, American Psychological Association (APA)
Division 35 Psychology of Women, Division 38 Health Psychology
2015-present **Member**, Appalachian Psychoanalytic Society (APS)
2015-2019 **Member**, Society for Research on Adolescence (SRA)
2015-2019 **Member**, Society for the Study of Emerging Adulthood (SSEA)
2014-2019 **Member**, Association for Psychological Science (APS)
2014-2019 **Member**, Psychology Graduate Student Association (PGSA)

HONORS AND AWARDS

2019 **Training Scholarship**, Postpartum Support International-Tennessee

2019 **Student Travel Award**, Society of Personality Assessment

- 2018 **Tennessee Area Health Education Centers (AHEC) Scholar**, National AHEC Organization
- 2018 **Distinguished Applied Practice Award**, Psychology Graduate Student Association, University of Tennessee
- 2018 **National Psychologist Trainee Register Credentialing Scholarship**, National Register of Health Services Psychologists
- 2018 **Deborah Rhatigan Award in Women's Health**, Department of Psychology, University of Tennessee, Knoxville
- 2018 **Graduate Student Poster Award**, Department of Psychology, University of Tennessee, Knoxville
- 2018 **Student Travel Award**, Society of Personality Assessment
- 2014-2018 **Chancellor's Fellowship**, University of Tennessee, Knoxville
- 2004 **Liberal Arts and Science Four Year Scholar**, University of Florida
- 2001-present **Invited Member**, Golden Key International Honour Society
- 2000-2004 **Member**, University Honors Program, University of Florida
- 2000-2004 **National Merit Scholar (Institutional Scholarship)**, National Merit Scholarship Foundation

REFERENCES

Research

Deborah P. Welsh, Ph.D.

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Department Head, Psychology
University of Tennessee
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Todd M. Moore, Ph.D.

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Jenny Macfie, Ph.D.

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Teaching

Erin E. Hardin, Ph.D.

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Clinical

Michael C. Hawthorne, Ph.D.

Clinical Psychologist
Clinical Supervisor, Post-Doctoral Training
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Mark H. Waugh, Ph.D.

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Clinical Supervisor, UT Psychological Clinic
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Oak Ridge, TN 37830
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Brittany (Tenbarga) McCafferty, Ph.D.

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